**Sample Congressional Follow Up Language**

**For U.S. Representative**

Dear [name of person you met with],

I want to thank you again for taking the time to meet with me on [insert date of meeting] to discuss some of the ways [Congressman/Congresswoman] [Representative’s last name] can support the lupus community. It was a pleasure getting to know you and learning more about your work, and I appreciate you taking the time to learn more about how lupus has affected my life and the lives of so many others.

As we discussed, the appropriations process for FY 2020 is well underway, and the House has completed their work and provided critical funding for lupus research and education programs. Once the Senate has completed their work later this year, I ask that you support a final fiscal year 2020 spending package that includes:

* $7.5 million for the National Lupus Patient Registry at the CDC;
* $10 million for the Lupus Research Program at the Department of Defense;
* $65 million for the Office of Minority Health;
* $41.1 billion for the National Institutes of Health.

For more information about the important work these programs are doing, and to view digital copies of the documents I left with you when we met, please [click here](https://s3.amazonaws.com/files.lupus.org/public/LFA%20Congressional%20Leave-Behind%20(House).pdf).

Again, thank you for taking the time to meet with me, and if there is any way that I can be helpful to the office in the future, please let me know! I look forward to working with you to continue moving us closer to a world without lupus.

Sincerely,

[Name]

[email]

[phone number]

**For U.S. Senator**

Dear [name of person you met with],

I want to thank you again for taking the time to meet with me on [insert date of meeting] to discuss some of the ways Senator [Senator’s last name] can support the lupus community. It was a pleasure getting to know you and learning more about your work, and I appreciate you taking the time to learn more about how lupus has affected my life and the lives of so many others.

As we discussed, the Senate can support the lupus community and our fight against this disease by providing funding for critical lupus research and education programs during the fiscal year 2020 appropriations process. We ask that Senator [Senator’s last name] support these lupus programs in the following amounts, as passed by the House in H.R. 2740 on June 19:

* $7.5 million for the National Lupus Patient Registry at the CDC;
* $10 million for the Lupus Research Program at the Department of Defense;
* $65 million for the Office of Minority Health;
* $41.1 billion for the National Institutes of Health.

For more information about the important work these programs are doing, and to view digital copies of the documents I left with you when we met, please [click here](https://s3.amazonaws.com/files.lupus.org/public/LFA%20Congressional%20Leave-Behind%20(Senate).pdf).

Again, thank you for taking the time to meet with me, and if there is any way that I can be helpful to the office in the future, please let me know! I look forward to working with you to continue moving us closer to a world without lupus.

Sincerely,

[Name]

[email]

[phone number]